

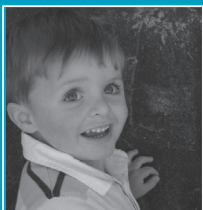
Walk FOR M D



Taking the steps to find a cure!

When: Sunday 5th April 2009
Where: Manly Beach
Start: At Queenscliff SLSC @ 10:30am
Return to SLSC for a sausage sizzle

You're invited to our Walkathon to help raise money for Muscular Dystrophy Research. At present, there is no cure for Duchenne Muscular Dystrophy. A devastating, progressive muscle-destroying disorder, it confines kids to an electric wheelchair prematurely and significantly reduces their life expectancy.



Our James

James was diagnosed with Duchenne Muscular Dystrophy (DMD) on Father's Day, 2006. This was a total shock to his parents as there was no history of the disease in their family.

When the Thompson's first learnt about DMD and the effects it has on little boys, they were told that James would probably never be able to jump or ride a bike. Well, James turned 4 on May 29th, 2008. For his birthday he received his first bike. And he hasn't stopped riding it since.

However, this is only temporary, as the disease will eventually take hold, no matter how much therapy he has. Without a cure, James will end up in a wheelchair before he reaches his teens, and his life will be shortened substantially. His quality of life will be drastically compromised. For James to continue to lead a normal life and grow up to be an adult, he needs a cure.

Route

Queenscliff to Shelly Beach return (5km). This is an easy walk from end to end of the lovely Manly Beach. The level Esplanade is perfect for families and all types of walkers. At Shelly beach turn around and return to Queenscliff.

Register Today

Send your full name, address, phone number and email along with the number of walkers to:

Email: walkformd@mdnsw.org.au

For any further enquires please contact Michelle on 0410 334 967.

A registration fee will be collected on the day of \$5 per person or \$15 per family.

Beneficiaries

All money raised will be donated to Muscular Dystrophy Research.

Collection of Money Raised

We would prefer that walkers submit monies raised to the registration or collection point on the day. Any late monies should be deposited into:

Account Name: Fundraiser Account

Bank: National Australia Bank

BSB: 082183

Account No: 825248094



